

2016-17 8th Grade Health- Mr. Hennessey

Welcome to 8<sup>th</sup> Grade Health and Nutrition. Please plan to have something to write with and something to write on as well as chromebooks ready to go and charged for use. 8th grade health compliments the 7th grade module to meet the content expectations for the Michigan Health Model.

The planned course of content is listed below. This is a guideline for best practice and it should be noted that circumstances beyond our control may cause an alteration of planned instruction. Course objectives include discussion of the three health components, mental/emotional, social, and physical well being for lifelong health. Through reading, discussion, worksheets, and evaluation we will gain a better understanding of our body, how we interact with others, and how to plan, attain, and sustain lifelong health needs.

Arrive to class on time and **READY TO LEARN**. On time and ready means each student should be seated prior to the attendance bell. It is school policy and classroom policy to treat each student, person, guest in our room with utmost respect. *Please leave ALL bags at your locker, as well as water bottles or any form of container unless accompanied by a doctor's note approved through the main office.* Please be aware of differences among peers, instructors, and administrators, showing respect for those differences. Let's have a great quarter!

Week 1 CPR, FIRST AID, AED, AHA certification (\$5 FEE if you want an AHA cpr certification card.)

Week 2 CPR, FIRST AID, AED, AHA certification (\$5 FEE if you want an AHA cpr certification card.)

Week 3 14 PERSONAL SAFETY AND INJURY PREVENTION

Week 4 Chapter 7 MENTAL AND EMOTIONAL WELLBEING/ Chapter 8 SOCIAL HEALTH

Week 5 Chapter 9 CONFLICT RESOLUTION

Week 6 Chapter 10 TOBACCO/CHAPTER 11 DRUGS/ALCOHOL

Week 7 Chapter 12 COMMUNICABLE DISEASE/ Chapter 13 NON COMMUNICABLE DISEASE

Week 8 Chapter 6 GROWTH AND DEVELOPMENT (parent slips due)

Week 9 EXAMS REVIEW-EVALUATION

my health website <http://mrhennesseybjhs.weebly.com/>

Dear Parent/Guardian:

Your child will receive human development, AIDS/HIV, STI, and online safety/digital citizenship education through 8<sup>th</sup> grade Physical Education, and Health classes. The curriculum follows the Michigan Health Model adopted by our district K-12. Some materials will be taught to males and females separately in Health and Physical Education classes. The activities planned will cover the following Michigan Health/Physical Education and Educational Technology Standards:

1. Students understand the potential risks and dangers associated with on-line communications.
2. Students discuss core concepts, accessing information, and healthy behaviors related to HIV/AIDS prevention
3. Students discuss core concepts, healthy behaviors, examining influences, goal setting, positive social skills, and advocacy through sexuality education as defined by the Michigan Model (section 380.1169 of Michigan Compiled Laws at [www.michiganlegislature.org](http://www.michiganlegislature.org))

The topics are appropriate to the development of our students within each grade, and are abstinence based. They will help your child gain skills in making healthy decisions throughout adolescence. The instructional programs will help your child gain skills in making healthy decisions throughout adolescence. Parents may also review all of the Michigan Model materials by contacting the Principal's office, 734.850.6201, to make an appointment.

If you feel your son/daughter needs to be excluded from these sessions and given alternate materials, please indicate your wishes on this form and return it to class by Friday. We encourage all students to participate in these classes and parents to be aware of their content and encourage parental discussions with your child.

Respectfully,

michael.hennessey@mybedford.us

I, \_\_\_\_\_, prefer my child, \_\_\_\_\_, **NOT** participate in the growth and development program offered above but rather be assigned an alternate lesson plan instead. **If your child is NOT participating, please print and then sign below and return this to Mr. Hennessey**

Parent Signature

Date